

PROJECTS ABROAD.

Gap Project in

Peru & Galapagos

**Animal protection,
international connection,
and cultural immersion.**

Certified



Corporation

- 13 CLIMATE ACTION
- 3 GOOD HEALTH AND WELL-BEING
- 4 QUALITY EDUCATION
- 8 DECENT WORK AND ECONOMIC GROWTH
- 14 LIFE BELOW WATER
- 15 LIFE ON LAND
- 10 REDUCED INEQUALITIES
- 11 SUSTAINABLE CITIES AND COMMUNITIES
- 16 PEACE, JUSTICE AND STRONG INSTITUTIONS
- 17 PARTNERSHIPS FOR THE GOALS

**SUSTAINABLE
DEVELOPMENT
GOALS**






 **LENGTH**
56 Days

 **TRANSPORT**
Boat, Bus, Foot

 **ACCOMMODATION**
Hotel, Lodge, Host Family

 **Age**
17-24 y/o

Overview:

-  Help protect endangered species by assisting with animal rehabilitation in the Amazon, giant tortoise conservation in the Galapagos Islands, and habitat management projects.
-  Uncover the secrets of the Inca Empire in Cusco, the ancient city of Machu Picchu, and learn about the cultural significance of these historical sites.
-  Explore the Amazon Rainforest, hike Machu Picchu, and contribute to conservation efforts in the Galapagos Islands on a unique eight-week adventure.
-  Assist teachers to support youth development and education initiatives, encouraging learning through play to develop children's essential skills in English, maths, and literacy.



Destination: Peru

Step into the home of the Inca Empire, where the Andes Mountains meet the Amazon rainforest. Peru is the third-largest South American nation, and about 60% of it is covered by rainforest. It's also the origin of the mighty Amazon River.

Peru is a popular tourist destination for its rich history and culture, incredible biodiversity, and, of course, Machu Picchu. If you aren't persuaded yet, this ought to do the trick: it's home to about three-quarters of the global alpaca population!

LANGUAGE

Spanish

CURRENCY

Sol

NATIONAL DISH

Ceviche

POPULATION

34 million

TIMEZONE

GMT -5

NATIONAL ANIMAL

Vicuna

CAPITAL

Lima

COUNTRY CODE

+51

NATIONAL BIRD

Andean Cock-of-the-rock

Peru overview

The following is included in the cost of your trip (subject to change).



Service & Learning

Conservation

- Animal feeding / rehab / release
- Clean and repair enclosures
- Wildlife surveys
- Sensor monitoring
- Butterfly breeding project
- Work on a pilot farm
- Reforestation initiative
- Turtle breeding programme

Archaeology

- Artefact cleaning
- Site maintenance
- Mapping and classifying
- Traditional ceramic workshop
- Guided tour Sacsayhuaman, Q'enqo, Puka Pukara, and Tambomachay

Education & Community

- Lesson planning and delivery
- Resource creation
- Outdoor and sports activities
- Arts and crafts
- Health and hygiene workshops
- School ground or classroom light renovation

Food/Accommodation

- Three meals/day (all diets catered for)
- Drinking water
- Hotels

Culture & Leisure

- Machu Picchu hike
- Tawantinsuyu Museum visit
- Sacred Valley tour
- Tour of Cusco city centre
- Inflatable boat rides
- Swimming and relaxation in the Amazon rainforest
- Spanish lessons

Free time

- Self-guided city exploration
- Souvenir shopping
- Cafes
- Sightseeing
- Salsa lessons
- Ceviche cooking class

Logistics

- Airport transfers in Peru
- Orientation and tour of cities
- Travel in country
- Pre-departure support
- 24/7 support from local staff
- Emergency assistance



Weeks 1 & 2 | Days 1 - 15

Welcome to the rainforest

Your adventure begins the moment you land! Our staff will meet you at the airport for a scenic boat journey deep into the Amazonian canopy.

After settling into your lodge, you'll complete your orientation of the ecological reserve. End your first day with a group dinner, a chance to meet your new friends.

Roll up your sleeves and dive straight into conservation work, rotating between initiatives to support our professional conservation team.

Prepare food for the animals, maintain their enclosures, and perform wildlife surveys. Check your camera traps as you hike through the jungle.

In the afternoons, you'll switch between reforestation and working on our pilot farm; helping to maintain the mahogany plantation or learning about sustainable farming techniques.

For your first weekend, you'll head back along the river to observe life on the waterline before going back to the reserve to swim and unwind under the canopy.

In your second week you'll become more independent as you continue with tasks from Week One.

Finish your time in the Amazon with a farewell BBQ on Day 14, and take the boat along the river one last time the next day to begin your journey back to Cusco for the next portion of your Gap Project.



Week 3 | Days 16 - 22

History & Culture in Cusco

You'll begin your week in Cusco by meeting your host family, who you will live with for the next two weeks, and getting acclimatised to the altitude.

Tuesday (Day 16) begins with a guided tour, plus your cultural induction, Spanish lesson, and time to plan ahead.

Days 17 to 20 will start with archaeological fieldwork, which is a mix of cleaning artefacts, mapping and classifying. You'll have the opportunity to handle real relics as you contribute to important work that supports preserving Peru's incredible past.

After lunch - depending on the day - enjoy a museum, salsa lesson, walking tour, or ceramic workshop plus some free time.

In the afternoon, visit Tawantinsuyu Museum and tour dig sites: Sacsayhuamán, Q'enqo, Puka Pukara, and Tambomachay.

Saturday (Day 21) is a full day of exploration as you journey into the Inca Heartland of the Sacred Valley.

Your expert guide will bring this regions rich culture and history to life through immersive storytelling.

End your third week by ticking Machu Picchu off your Bucket List!

This 'Lost City' of the Incas is iconic and world famous for its enchanting terraces, temples, and mountain scenery.



Week 4 | Days 23 - 27

Community development

Your final week in Peru focuses on supporting community development in Cusco.

You'll spend your mornings collaborating with local teachers in a kindergarten, where you'll lead educational games to help children build essential skills in literacy, maths, and English.

By encouraging learning through play, you'll help the students develop the foundations they need for the future.

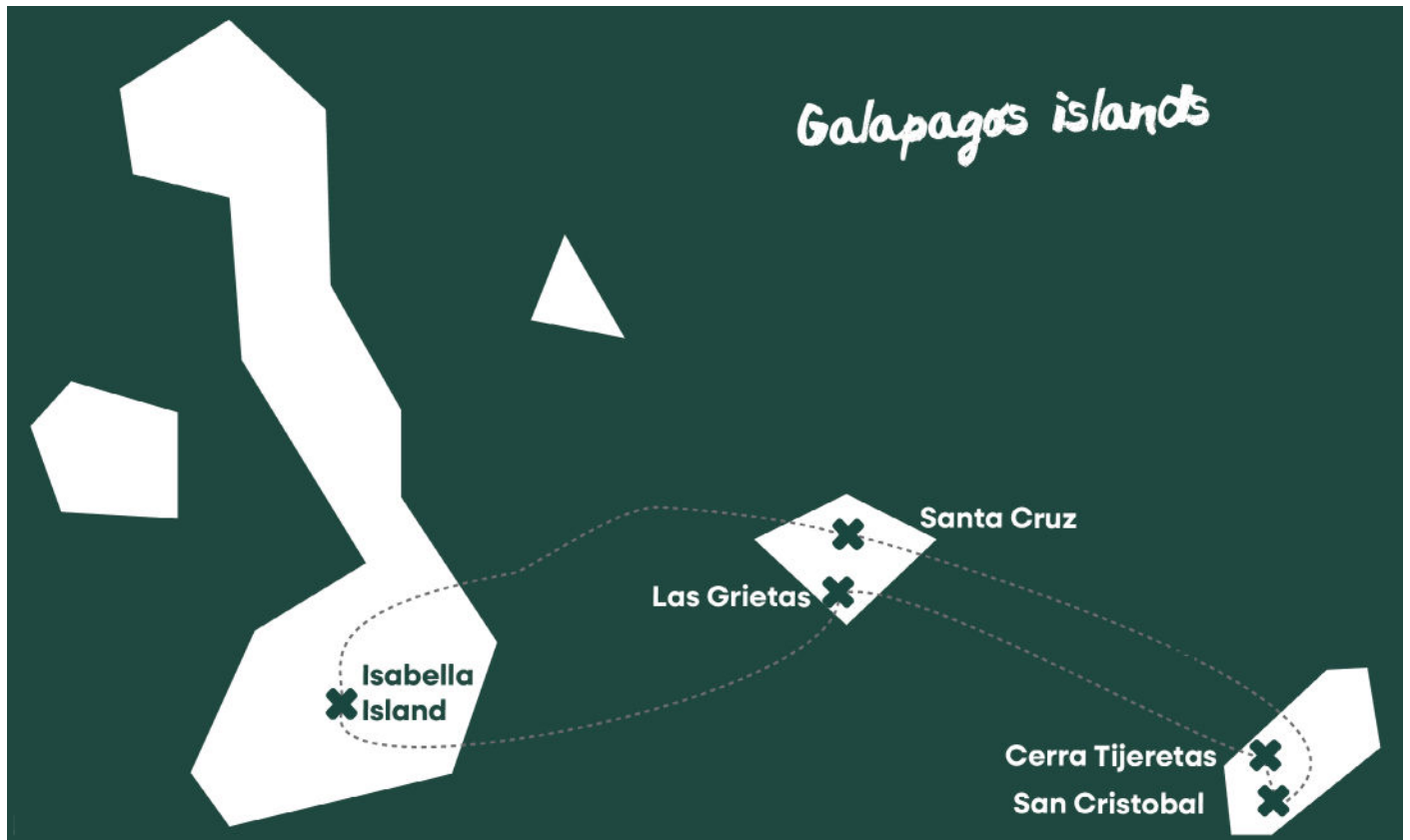
In the afternoons, roll up your sleeves to engage in light renovation and painting projects to improve the children's learning environment.

Master the art of the perfect ceviche during a traditional cooking class. It's a chance to taste the fresh flavours of the Andes and bring an authentic piece of Peruvian culture home with you.

On your last day, celebrate your time in Peru with a gift workshop and a special afternoon with the children.

You'll have time for one last wander through Cusco's historic streets for some last-minute souvenir shopping before enjoying your final group farewell dinner in a local restaurant.

On Day 28, our team will pick you up from your accommodation and drive you to the airport for the next leg of your adventure!



Destination: Galapagos Islands

The Galapagos Islands are a “living laboratory” and world-famous biodiversity hotspot. Located 1,000 km west of mainland Ecuador, their isolation has resulted in unique species found nowhere else on earth. A real “Bucket List” destination.

With no natural predators, the animals show almost no fear of humans. Get ready for up-close encounters with incredible creatures like Galapagos Giant Tortoises, Marine Iguanas, and Blue-footed Boobies.

LANGUAGE

Spanish

CURRENCY

US Dollar

NATIONAL DISH

Encebollado

POPULATION

25,000

TIMEZONE

GMT -6

NATIONAL ANIMAL

Giant tortoise

CAPITAL

San Cristobal

COUNTRY CODE

EC

NATIONAL BIRD

Andean Condor

Galapagos overview

The following is included in the cost of your trip (subject to change).



Service & Learning

Conservation

- Wildlife surveys
- Data collection
- Clean and repair enclosures
- Plant harvesting
- Giant Tortoises feeding / care
- National Park Rangers collaboration
- Invasive Species Control
- Dog shelter activities
- Removal of harmful, non-native plants
- Indigenous species rehabilitation / restoration
- Plant nursery maintenance
- Seedlings transplantation

Education & Community

- Beach clean-ups
- Town clean-ups
- Data collection
- Community outreach
- Awareness campaign in local schools

Education & Community

- Lesson planning and delivery
- Resource creation
- Outdoor and sports activities
- Arts and crafts
- Health and hygiene workshops
- School ground or classroom light renovation

Culture & Leisure

- Free time to explore
- Guided town tour
- Beach relaxation
- Snorkelling
- El Chato Tortoise reserve visit
- Lava tunnels exploration
- Tortuga Bay
- Darwin Research Station tour

Free time

- Self-guided city exploration
- Souvenir shopping
- Cafes
- Sightseeing

Logistics

- Airport transfers in the Galapagos
- Orientation and tour of cities
- Travel in country
- Pre-departure support
- 24/7 support from local staff
- Emergency assistance

Food/Accommodation

- Three meals/day (all diets catered for)
- Drinking water
- Lodge



Weeks 5 & 6 | Days 29 - 42

Welcome to the Island

Begin the next part of your journey as you land at San Cristobal Airport and settle into your conservation camp. Get familiar with your surroundings through a guided town tour and a comprehensive induction to prepare for the weeks ahead.

Dive straight into critical conservation work at the Giant Tortoise breeding centre, where you'll assist staff in maintaining enclosures and harvesting plants for feeding.

You will also conduct wildlife surveys with the Park Rangers to track the health and population of the island's iconic species, including sea lions, marine iguanas, and seabirds. Support the Marine Reserve's biodiversity protection efforts through coastal cleanups and invasive plants removal.

Beyond fieldwork, visit a local dog shelter to learn about community initiatives managing invasive species.

In your free time, enjoy the slow-paced island lifestyle: explore the town, watch sea lions on the docks, or go snorkelling to discover vibrant marine life.

For your mid-way weekend, travel by speedboat to Santa Cruz Island. Here, you'll see prehistoric giants in the wild at the El Chato Tortoise Reserve, explore underground lava tunnels, and tour the world-renowned Charles Darwin Research Station.

Conclude your adventure with a swim at Tortuga Bay before returning to San Cristobal.



Weeks 7-8 | Days 43 - 55

Back to school!

Start your third week in the Galapagos Islands by supporting teachers at a local school. In the mornings, assist in the classroom to provide individual support to students, run creative lessons, and encourage learning through play.

In the afternoons, head to a community centre to engage in similar activities or work on a mural painting project designed to raise awareness of critical environmental issues within the town.

Make the most of your last weekend in the Galapagos. Soak up the slow-paced Galapagos lifestyle as you snorkel at La Loberia, browse the local markets for souvenirs, or simply relax at your favourite seaside haunt.

Dive back into lesson planning at the school and put the final touches on your environmental mural. Your afternoons will offer a balanced mix of community work and free time, giving you the perfect opportunity to unwind on the beach.

Take this moment to reflect on the positive contribution you've made to both the local ecosystem and the children's education before heading home.

Look back on the connections you made and everything you've accomplished as you head back to the airport. You'll leave the Galapagos with a new found confidence, skills, and memories during your journey: these will stay with you for the rest of your life.

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**Experiences that shape
who you become**



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