

# Human Rights & Spanish

## High School Special Schedule

Argentina | 2 weeks

Welcome to our High School Special Human Rights Project in Argentina! Are you ready for a once-in-a-lifetime experience working with the local community and exploring this beautiful country?

### Programme Goals:

#### ▶ Internship experience:

Embrace a multifaceted approach using research, education, cultural immersion, and community engagement to develop your understanding of human rights principles. Each week we will cover a new topic as we look at the history of human rights in Argentina and the right to identity, privacy and security in a digital context. It's time to learn, share and to inspire change.

#### ▶ Cultural Immersion:

Immerse yourself in the rich culture of the country. After your volunteer work, improve your Spanish language skills to help communicate better with local people. Delve into the vibrant Argentinian culture by witnessing traditional dances, engaging in conversations with locals, and indulging in the diverse flavours of traditional cuisine. Explore Argentina's history and heritage by visiting historical landmarks, experiencing the warmth and hospitality of local communities, and creating unforgettable memories along the way.

#### ▶ Awareness outreach

Time to put into practice all that you have learnt. Prepare and lead presentations and discussions on Human Rights issues in schools and communities. Use Spanish in a personal and professional context.

# PROJECTS ABROAD.



2 WEEKS



## Day 1

### Sunday Arrival in Argentina

You will fly into Cordoba International Airport (COR). A Projects Abroad staff member will be waiting to greet you when you arrive. You will then travel about half an hour to the office, where you'll be introduced to the team and shown around.

After this quick introduction, you'll then be taken to your host family's house, which is usually close by. You'll be welcomed with open arms and a warm meal!



### Highlights

- ▶ 20 Service Hours
- ▶ 20 hours of Spanish lessons
- ▶ Opportunity to increase awareness on Human Rights issues.
- ▶ Be Immersed in Argentinian culture
- ▶ Explore Cordoba
- ▶ Offset your carbon footprint

### Accommodation

Host family – sharing with other volunteers

### Transport

Private bus, taxi, and by foot

### Meals

Most meals are provided by the host family. Some lunches will be packed lunches, and some dinners will be at restaurants.

### Timings

This schedule is subject to change; however, you will be advised in advance regarding the times for the activities. This may differ from day to day depending on the activity and progress of the volunteer work.

### Responsible Travel

We offset 100% of carbon emissions associated with your in-destination transport. We're committed to being fully climate-positive by 2024!

By volunteering with us you're helping reforestation efforts, protecting existing forests and providing employment to local communities around the world.

## Day 2

### Monday Induction

#### Morning:

After breakfast, you will be collected from your host family and travel 20 minutes to the Projects Abroad office, where you will be briefed on the Human Rights project and your schedule and get an introduction to Argentine culture.

#### Afternoon:

Eat a traditional lunch at a local restaurant before taking a city tour on a double-decker bus in downtown Cordoba. Return to your host family afterwards for a delicious dinner and some much-needed rest.

## Day 3

### Tuesday

#### Morning:

Your first week focuses on learning about the history of Human Rights in Argentina. Journey back in time as you learn about the history of state terrorism in Argentina (right-wing death squads against left-wing guerrillas and political dissidents) through an 'Introduction to Human Rights and Argentina History' workshop.

#### Afternoon:

Return to your host family for lunch. Pause for a reflective moment as you review your morning session and make notes in your personal reflective journal. Join your teacher with your first few hours of Spanish lessons.

#### Evening:

Unwind with some tango dance steps and embrace the culture.

## Day 4

### Wednesday

#### Morning:

Explore Campo de La Ribera, a former clandestine detention, torture, and extermination centre which was a key feature during the times of state terrorism.

#### Afternoon:

Anticipate a moment of reflection as you recap your morning session and jot down thoughts in your journal. Immerse yourself in your afternoon Spanish lessons.

#### Evening:

Share about the events of your day as you enjoy dinner with your host family.

## Day 5

### Thursday

#### Morning:

Visit D2 Secret Detention centre, a former clandestine prison used for torture. Discuss and begin to process a campaign to promote human rights issues.

#### Afternoon:

After a well-prepared lunch at the host family, record your impressions in your journal. Then dive deep into Spanish lessons as you endeavour to become fluent in a new language.

#### Evening:

Indulge in an afternoon snack at the Mona Jiménez Bar Museum. Grab a pizza for dinner before returning home to rest.

## Day 6

### Friday

#### Morning:

You will be trained in the creation of digital campaigns and be challenged to create a digital campaign as an individual or in a group for various social media platforms, as you compete for views and likes.

#### Afternoon:

Enjoy lunch at the host family. Take time to relax and reflect before heading back to the office for your Spanish lessons.

#### Evening:

Enjoy dinner with your hosts and prepare for the weekend!

## Day 7

Saturday

### Full Day:

Visit the Eden Hotel in La Falda. Created by German hands at the beginning of the 20th century, its supernatural charm attracts ghost hunters and supernatural enthusiasts. With its mystical tales, this historical retreat becomes an exciting place, combining spooky legends with a touch of adventure amid the scenic beauty of the Sierras de Córdoba.

## Day 8

Sunday

### Full Day:

Travel to the picturesque city of Villa Carlos Paz. Enjoy scenic delights and cultural experiences. The journey will include a thrilling ascent on the Aerosilla, providing panoramic views of the surrounding landscape.

Upon return to Cordoba, the adventure continues at the Paseo de los Artesanos in Guemes, where an array of local crafts awaits. Here, there's a chance to indulge in souvenir shopping, capturing the essence of the trip in unique, handmade treasures.

## Day 9

Monday

### Morning:

This week you will focus on the right to identity, privacy and security in a digital context. Enjoy an interactive presentation by a cybersecurity expert and learn about its related rights. Prepare a campaign, including a survey questionnaire to gauge public opinion on the right to identity, privacy and security in a digital context.

### Afternoon:

Head back to your host for a homemade lunch while contemplating the insights from the morning session for your reflective journal. Enjoy your Spanish lessons as you increase your vocabulary.

### Evening:

Enjoy dinner as you unwind with the host family and fellow volunteers.

## Day 10

Tuesday

### Morning:

Conduct your survey questionnaire at the national parade, mall or tourist centre where you are able to get a highly representative sample of the population.

### Afternoon:

Input information into your journal, then immerse yourself in your lessons as you increase your Spanish fluency.

### Evening:

Enjoy a hands-on cooking class. Learn to craft traditional Argentine empanadas.

## Day 11

Wednesday

### Morning:

Today we will analyse your survey data and complete plans for your awareness campaign. You will also work on creating an artistic piece which relates to your research. This will go on display at Campo de La Ribera for the public to see.

### Afternoon:

Embrace your creative side and add Spanish jingles or songs to finalise your campaign.

### Evening:

Reflect, unwind, and relax at the host family's, as you have a full day tomorrow.

## Day 12

Thursday

### Morning:

Journey to a daycare centre to share your campaign and statistics with community members about the right to identity, security and privacy in a digital context.

### Afternoon:

Grab your lunch at the host family, pause to reflect in your journal, and then get right into your Spanish lessons. Learning continues.

### Evening:

Join staff and watch a football match at the local stadium. Experience the passion that drives Lionel Messi!



## Day 13

Friday

### Morning:

Head to the Campo de La Ribera, where you will hand over your artistic piece. This former detention centre regularly accepts artworks from schools, artists and the general public for exhibitions.

### Afternoon:

Enjoy lunch with your hosts, reflect in your journal, and celebrate how fluent you feel as you continue your Spanish lessons.

### Evening:

The whole group gets together for a Party Night! There will be a horror-themed costume party. Make sure to pack an outfit that will stand out.

## Day 14

Saturday

Have a relaxed morning with your host family. Enjoy lunch before heading to the Patio Olmos Mall.

At the mall you will find a vibrant complex with various attractions. You'll get to enjoy a trampoline park, virtual reality games, a racing track, bowling and an escape room! It'll be an amazing opportunity to let loose, challenge yourself and have some fun with your new friends.



### Want to learn more?

We'd be happy to talk to you and answer any questions you may have. You can call or email our team or use the 'live chat' feature on the Projects Abroad website.

General inquiries: [info@projects-abroad.org](mailto:info@projects-abroad.org)

### Social Media

-  @projectsabroadglobal
-  @projectsabroad
-  @projectsabroad
-  @projectsabroad

## Personal Achievements



- ▶ Completed a total of 20 service hours.
- ▶ Gained Intermediate Spanish proficiency through 20 hours of lessons.
- ▶ Engaged in advocacy for human rights and empowered persons to become agents of change in their communities.
- ▶ Helped school children and local citizens understand the importance of human rights to all.



### Student Learning Outcomes

#### Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

#### Leadership Development

Students will be pushed out of their comfort zones, experiencing new challenges each day. They will build their confidence and resilience through team activities and new life experiences.

#### Healthy Active Living

Students will be encouraged to prioritise their self-care, enhancing their physical and mental well-being.

#### Empowerment

Students will be empowered to think for themselves, challenging the "status-quo" and cultivating transformative decision-making mindsets.

#### Global Citizenship

Students will be exposed to new perspectives, engage with real-world challenges and contribute to sustainable development initiatives.