

Conservation & Environment

Nepal

High School Special Schedule | 2 weeks

Welcome to our Rhino Conservation & Environment Project in Nepal, where an unforgettable two-week experience awaits you. Embark on an immersive journey that seamlessly blends conservation, research, and cultural exchange, offering you a unique opportunity to make a positive impact on the region's wildlife and environment.

Objectives:

▶ **Wildlife Surveys and Data Collection:**

Engage in Rhino Surveys in jeeps, observing these majestic creatures in their natural habitat. Explore diverse ecosystems while documenting Farmland and Wetland Birds, Butterflies, and Herpetofauna, contributing valuable data to the preservation of biodiversity.

▶ **Conservation and Environmental Awareness:**

Participate in tree-planting activities, aiding reforestation efforts and enhancing the region's ecological balance. Join our presentation at a local school to raise awareness among young minds about the significance of protecting our natural world.

▶ **Culture**

Nepal is famous for its rich culture, towering mountains and stunning landscapes. Beyond the project itself, we aim to show you the best the country has to offer. You can look forward to exploring the rural villages by the project as well as the special city of Kathmandu.





Highlights

- ▶ 40 Service Hours
- ▶ Raise awareness about environmental issues
- ▶ Learn about conservation challenges in the area
- ▶ Immerse yourself in Nepalese culture
- ▶ Visit historical sites in Kathmandu
- ▶ Offset your carbon footprint

Accommodation

Hotel

Transport

Private bus and by foot

Meals

Meals will be served at your hotel each day.

Timings

This schedule is subject to change; however, you will be advised in advance should this happen. You will depart around before 8am on most days for project work and arrive back around 5pm. However, this may differ from day to day depending on the activity and progress of the volunteer work.

Responsible Travel

We offset 100% of carbon emissions associated with your in-destination transport. We're committed to being fully climate-positive!

By volunteering with us you're helping reforestation efforts, protecting existing forests and providing employment to local communities around the world.

Day 1	Sunday
All Day	<p>You will arrive in the capital city of Kathmandu. Set in a valley surrounded by the Himalayas, it's a bustling city but also a place of peace and tranquillity.</p> <p>After you pass through customs you will be met by a staff member holding a sign welcoming you to Nepal. You will then be taken to the hotel in Kathmandu, where you will relax, have a meal and sleep before departing to Chitwan the following morning.</p>



Day 2	Monday
Morning	Our staff will take the group in a private coach from Kathmandu to Nawalparasi. The journey will take roughly 8 hours. You will have lunch along the way.
Afternoon	Arrive at the guesthouse and check in. Enjoy a warm welcome and an introduction to the team. Get settled into your accommodation and take some time to relax and refresh after your journey. Gather for a project induction session, where you will receive comprehensive information about the conservation and research initiatives. Meet with our experienced conservationists, who will guide you through the upcoming surveys and activities, ensuring you are well-prepared for your wildlife encounters.
Evening	As the sun starts to set, embark on an enchanting walk to a nearby scenic spot, offering a stunning view of the sunset over the picturesque Narayani River. Enjoy dinner at the guesthouse.
Day 3	Tuesday
Morning	Rise early for an adventurous Rhino Survey in a jeep. Set out into the wilderness with our team to search for and observe the elusive rhinos in their natural habitat. Learn about their behaviour, conservation status, and the efforts being made to protect them.
Afternoon	Return to the guesthouse for a well-deserved lunch, followed by a data entry session. Collaborate with fellow participants to input and organise the valuable data collected during the morning's Rhino Survey. Gain insights into the process of analysing wildlife data and its significance in conservation research.
Evening	Rest, relax and enjoy dinner at the guesthouse.
Day 4	Wednesday
Morning	Gear up for an immersive farmland bird and butterfly survey. Accompanied by our project team, explore the diverse ecosystems surrounding the resort, spotting and documenting various bird species and butterflies while also exploring the local farming community. Learn about local livelihoods, farming and irrigation practices.
Afternoon	After a morning of surveying, head back to the guesthouse for lunch before entering the data from the morning survey. After the data entry, learn how to construct a bird nest.
Evening	Rest, relax and enjoy dinner at the guesthouse.
Day 5	Thursday
Morning	Head off on a walking bird and mammal survey in the jungle. Accompanied by our project team, explore this rich ecosystem, spotting and documenting various bird species and mammals. Your jeep will be following closely in case you encounter any larger mammals.
Afternoon	Begin preparation work for the educational presentations at the schools, focusing on local and global environmental challenges.
Evening	Rest, relax and enjoy dinner at the guesthouse.



Day 6 Friday

Morning Visit the vulture centre to conduct a survey, including noting down the number, species, nests and feeding behaviour. A carcass will be fed to vultures to attract those in the nearby area.

Afternoon Continue with your presentation preparation. In the mid afternoon, learn how to cook some local Nepalese food and enjoy your hard work for dinner.

Evening Rest, relax and enjoy dinner at the guesthouse.

Day 7 Saturday

Morning Hike to Devchuli Hill for a bird survey to see if we can find the rare Spiny Babbler, the only endemic bird of Nepal and supported by Birdlife International.

Afternoon Continue the hike and enjoy a packed lunch along the way. You'll get views of the Himalayan Mountains in the distance.

Evening Immerse yourself in the local culture and embrace the vibrant traditions of the region with a lively Tharu cultural dance program. Enjoy dinner at the guesthouse.

Day 8 Sunday

Morning Visit CG Shashwatdham Temple, a Hindu religious site devoted to lord Shiva. Learn about Hindu religion and traditions as you explore.

Afternoon After lunch, take a cable car up to the Maula Kalika temple and enjoy the vast views of the area.

Evening You will have dinner at a restaurant before heading back to the guest house.



Day 9 Monday

Morning Conduct another farmland bird and butterfly survey. Explore the local community and collect data to help manage the National Park's community buffer zone.

Afternoon Continue presentation preparation ahead of the school visits the following day.

Evening Rest, relax and enjoy dinner at the guesthouse.

Day 10 Tuesday

Morning Participate in an impactful presentation at a local school, sharing your experiences and insights about the region's wildlife and the importance of conservation. Inspire the young minds and raise awareness about the significance of preserving natural habitats.

Afternoon After lunch, conduct the same presentation with different students. Play sports in the nearby field afterwards as the sun sets.

Evening Unwind after a busy day and enjoy dinner at the guesthouse.

Day 11 Wednesday

Morning Embark on your final Rhino Survey in a jeep, building on the knowledge gained from previous surveys. Deepen your understanding of the region's wildlife and conservation efforts while appreciating the beauty of the natural surroundings.

Afternoon Contribute to the environment by participating in a tree-planting activity. Support reforestation efforts and enhancing the area's biodiversity.

Evening Rest, relax and enjoy dinner at the guesthouse.

Day 12 Thursday	
Morning	After breakfast, you will travel back to Kathmandu in a private vehicle. You will stop for lunch on the way.
Afternoon	Once you have arrived, check in at the hotel and take a stroll around Thamel for a bit of souvenir shopping.
Evening	Dinner will be served at the hotel.
Day 13 Friday	
Morning	Have an early morning start to drive to Bhaktapur. From The Palace of Fifty-five Windows to the Bhairavnath Temple, the group will see the area's impressive architecture and learn about this country's rich history. Explore medieval streets, artisan markets and learn more about Nepal's unique culture.
Afternoon	Travel back to Kathmandu and continue your exploration of Nepal's rich cultural landscape with a visit to the iconic Swayambhunath, also known as the Monkey Temple, where you can admire the stunning architecture and panoramic views of the Kathmandu Valley.
Evening	Conclude your day with a shopping excursion in the vibrant streets of Thamel followed by dinner and cultural show at a local restaurant.
Day 14 Saturday	
Morning	Group members will likely be departing at different times, therefore day 14 may not be the same for everyone. Your exact departure plan will be communicated with you directly by our local team based on your flight time. You will have the continued support of Projects Abroad staff right until you are safely at the airport.

Student Learning Outcomes

Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

Leadership Development

Students will be pushed out of their comfort zones, experiencing new challenges each day. They will build their confidence and resilience through team activities and new life experiences.

Healthy Active Living

Students will be encouraged to prioritise their self-care, enhancing their physical and mental well-being.

Empowerment

Students will be empowered to think for themselves, challenging the "status-quo" and cultivating transformative decision-making mindsets.

Global Citizenship

Students will be exposed to new perspectives, engage with real-world challenges and contribute to sustainable development initiatives.

Personal Achievements



- Completed a total of 40 service hours.



There really is no place like Nepal, home to the world's highest mountains and a spiritual way of life. In these spectacular surroundings, you'll find hospitable local people living in harmony with nature.

A trip to Nepal will be a chance to learn from this unique and relatively isolated mountain culture.

Fun Facts

- The Nepali word for Everest translates to 'Forehead of the Sky'
- In March 2014, Nepal had gone a year without a single endangered animal being poached
- No country has a denser collection of World Heritage sites than Nepal
- Nepal is thought to be the Buddha's birthplace

Want to learn more?

We'd be happy to talk to you and answer any questions you may have. You can call or email our team, or use the 'live chat' feature on the Projects Abroad website.

General inquiries: info@projects-abroad.org

Destination Information

National Language:	Nepali, Maithili
Population:	29 million
Currency:	Nepalese Rupee
Time Zone:	GMT +5:45
Capital:	Kathmandu
Calling Code:	+977
Dominant Religions:	Hinduism, Buddhism
National Dish:	Gundruk
National Animal:	Cow
National Bird:	Himalayan Monal

Social Media

