

Childcare & Community

High School Special Schedule

Peru | 2 weeks

Welcome to our High School Special Care & Community Project in Peru! Are you ready for a once-in-a-lifetime experience working with the local community and exploring this beautiful country?

Programme Goals:

Education and Childcare:

Spend your time working with children at a kindergarten, primary school or care centre, helping make learning fun for them. Teach basic English words and phrases through songs, pictures or role-play games; play football games outside, or run arts and crafts lessons to unleash their creativity.

Renovation:

Make a lasting impact on the community by improving the schools and centres where you'll be working. Contribute to renovation work by digging and building flower beds, or help with the classroom renovation by adding a coat of paint where needed.

Cultural Immersion:

Immerse yourself in the vibrant culture of Peru through captivating experiences that include witnessing traditional dances, engaging in meaningful conversations with locals, and savouring the authentic flavours of Peruvian cuisine, all while making a meaningful impact through your volunteer work. Embark on an enriching journey alongside fellow volunteers, forging lifelong friendships and creating cherished memories as you visit iconic landmarks, explore the rich history of Peru, and marvel at the breathtaking beauty of its diverse landscapes

ProjectsAbroad



2 WEEKS



- Highlights**
- ▶ Volunteer at the local school
 - ▶ Learn about the Peruvian educational system
 - ▶ Visit Machu Picchu
 - ▶ Learn to dance salsa
 - ▶ Immerse yourself in Peruvian culture
 - ▶ Offset your carbon footprint
 - ▶ 30 Service hours

Accommodation

Host Families and a hotel

Transport

Taxis, bus, trains and by foot

Meals

Breakfast will be served at your host family each day. Lunch will either be at the hospital, at home or in the community. Dinner will be at home or a restaurant.

Timings

This schedule is subject to change; however, you will be advised in advance should this happen. The timing may differ from day to day depending on the activity and progress of the volunteer work.

Responsible Travel

We offset 100% of carbon emissions associated with your in-destination transport. We're committed to being fully climate-positive by 2024!

By volunteering with us, you're helping reforestation efforts, protecting existing forests and providing employment to local communities around the world.

Day 1

Sunday
Arrival in Peru

You will arrive in the bustling city of Cusco, located in the Peruvian Andes. Cusco was once the capital of the Inca Empire and is now popular for its archaeological remains and Spanish colonial architecture.

After you pass through customs, you will be met by a staff member holding a sign welcoming you to Cusco. You will then be taken to the host family's home, where you will relax, have a meal and rest for the next day.



Day 2

Monday
Induction

After breakfast, you will be collected from the host family and travel 20 minutes to the Projects Abroad Office, where you will be briefed on the Care programme, the schedule, and the placement and cultural expectations.

Journey to the city centre, where you will tour the local neighbourhood and exchange money and purchase toiletries or a sim card as needed.

Enjoy a sumptuous lunch with the staff and then return to the office for Spanish lessons, where you will learn common and useful phrases and expressions. Return to your host family for a delicious dinner and some much-needed rest.

Day 3

Tuesday

Morning: Begin your day by getting introduced to your placement and the children you will be working with in the classroom. Engage in interactive activities, create a positive learning environment, and make a meaningful impact on the students' education.

Afternoon: After a delicious lunch with your host, return to the office where you will prepare fun and interactive activities for the children with the guidance of your coordinator. Get familiar with your surroundings as you tour the San Cristóbal and San Blas neighbourhoods.

Evening: Enjoy tasty Peruvian dishes in the comfort of your host family as you unwind and reminisce on a day well spent.

Day 4

Wednesday

Morning: Return to the classroom to continue your interactive activities with the children and support the teachers with their goals.

Afternoon: Head back to your family for a homemade lunch before immersing yourself in the English workshop, where you will prepare basic words, instructions and expressions to share with the teachers at their training.

Evening: Share about the events of your day as you enjoy dinner at your host family.

Day 5

Thursday

Morning: Resume your activities with the children as you engage in storytelling and sports activities to enhance the children's social and interactive skills.

Afternoon: Enjoy a well-prepared lunch at the host before embracing your creative side as you learn about and paint traditional games on the floor at the kindergarten.

Evening: Reflect on a productive day with the perfect balance of care and community over a delicious dinner.

Day 6

Friday

Morning: Dive into your routine of providing one-on-one support and inspiring the children to embrace learning through innovative activities.

Afternoon: Get excited as you listen to the briefing, which will introduce you to the itinerary, travel arrangements, and packing list. Grab some snacks, watch a movie, eat some ice cream and get some cash from the ATM as you spend some time at the shopping mall.

Evening: Settle in for an early night after dinner, in anticipation of the weekend ahead.

Day 7

Saturday

Full Day:

Meet at the pickup point and travel to the artisan foundry Awanacancha, where you will visit a small museum and witness the traditional methods of casting dyes and weaving. Enjoy a guided tour of the archaeological site Písaq in the Sacred Valley.

Travel to Urubamba for a delicious lunch, then journey to the archaeological site, Ollantaytambo, for another informative guided tour.

Travel to the nearby station to catch the train to Aguas Calientes, where you will check in and unwind as you enjoy dinner at a nearby restaurant and settle in for the night.

Day 8

Sunday

Full Day:

Arise early in the morning to catch the bus to the great Machu Picchu, one of the 7 Wonders of the World. Embark on the amazing tour and capture the moments through photos and sightseeing.

Return to the hotel and enjoy a delicious lunch before packing for your return to Cusco.

Share your exciting memories of the weekend over dinner at the host family.

Day 9

Monday

Morning: Engage the children in stimulating activities to enhance their mastery of different subjects.

Afternoon: Research and prepare fun games that will target the children's motor skills and develop their speech and sensory skills.

Evening: Enjoy Peruvian cooking as you have dinner at the host family.

Day 10

Tuesday

Morning: Embark on a journey of discovery as you teach children how to interact with their environment through songs and games.

Afternoon: Put on your archaeological caps after lunch, and immerse yourself in the wonders of ceramics. Learn the art of painting traditional ceramics and add a new skill to your CV.

Evening: Reflect on the impact you made as you settle down for another delicious meal.

Day 11

Wednesday

Morning: Use storytelling and rhyming games to teach children language and vocabulary, and prepare mini quizzes to assess their progress.

Afternoon: Execute your second English workshop where you work with the teachers to improve their mastery of teaching ESL. Have fun as you teach the teachers common English expressions for the classroom.

Evening: Relax with a lovely dinner served by the host family and reflect on another productive day.

Day 12

Thursday

Morning: Dive back into teaching activities at your placement, further nurturing the students' educational growth.

Afternoon: Enjoy some free time in the city centre as you take in the sights and memorise the beautiful city.

Evening: Have a blast as you rock your body to the very popular salsa music and immerse yourself in the world of salsa dance lessons. Unwind with some delicious dinner at the host family.



Day 13

Friday

Morning: Inspire the children to continue learning and building their skillset as you dive into interactive and innovative activities. Share in memorable games and farewell activities.

Afternoon: After a delicious lunch, complete your feedback forms and check in for your flights where possible. Dash to the handicraft market for one final stop as you grab some last-minute souvenirs for family and friends.

Evening: Enjoy your farewell dinner with the staff and your newfound friends. Cheers to a phenomenal experience where you were able to help, learn and explore.

Day 14

Saturday

The group members will likely be departing at different times; therefore, days 13 and 14 may not be the same for everyone.

Your exact departure plan will be communicated with you directly by our local team. If you have longer to wait around, we will ensure you are comfortable and well looked after.

You will have the continued support of Projects Abroad staff right until you are safely at the airport to board your plane back home.

Personal Achievements



- ▶ Completed a total of 30 service hours.
- ▶ Supported teachers with learning ESL.
- ▶ Taught important lessons to over 50 children.
- ▶ Improved your mastery of the Spanish language.



Student Learning Outcomes

Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

Leadership Development

Students will be pushed out of their comfort zones, experiencing new challenges each day. They will build their confidence and resilience through team activities and new life experiences.

Healthy Active Living

Students will be encouraged to prioritise their self-care, enhancing their physical and mental well-being.

Empowerment

Students will be empowered to think for themselves, challenging the “status quo” and cultivating transformative decision-making mindsets.

Global Citizenship

Students will be exposed to new perspectives, engage with real-world challenges and contribute to sustainable development initiatives.



Peru has a rich cultural heritage and diverse landscape. Explore the rugged Andes and the world-famous Inca citadel of Machu Picchu. Venture into street markets and explore Plaza de Armas. There’s amazing food, sights, and scenery to experience!

FUN FACTS

- ▶ The Amazon River starts in Peru
- ▶ 60% of Peru is covered by rainforest
- ▶ Machu Picchu is one of the New 7 Wonders of the World
- ▶ Peru recognizes 3 official languages: Spanish, Quechua and Aymara
- ▶ ¾ of the world’s alpaca population lives in Peru

Want to learn more?

We’d be happy to talk to you and and and answer any questions you may have. You can call or email our team, or use the ‘live chat’ feature on the Projects Abroad website.

General inquiries: info@projects-abroad.org

Destination Information

National Language:	Spanish
Population:	34 million
Currency:	Peruvian Sol
Time Zone:	GMT -5
Capital:	Lima
Calling Code:	+51
Dominant Religion:	Catholicism
National Dish:	Ceviche
National Animal:	Vicuña
National Bird:	Cock-of-the-rock
National Flower:	Cantuta

Social Media

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Childcare & Community

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Peru | 4 weeks

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ProjectsAbroad



4 WEEKS



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- ▶ Volunteer at the local school
 - ▶ Learn about the Peruvian educational system
 - ▶ Visit Machu Picchu
 - ▶ Learn to dance salsa
 - ▶ Immerse yourself in Peruvian culture
 - ▶ Offset your carbon footprint
 - ▶ Hike to Rainbow Mountain
 - ▶ 60 Service hours

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Day 14

Saturday

Embark on an exciting South Valley tour, immersing yourself in the rich cultural and historical heritage of the region. Visit archaeological sites, such as Tipón and Pikillaqta, and explore the stunning landscapes of the Sacred Valley. Learn about the ancient Inca civilisation and marvel at the architectural wonders they left behind.

Continue your South Valley tour, visiting additional sites like Andahuaylillas, known as the "Sistine Chapel of America" for its beautifully preserved colonial artwork. Take in the breathtaking views of the Andean mountains and immerse yourself in the vibrant local culture.

Day 15

Sunday

Full Day:

Spend quality time with your host family, getting to know their daily routines, traditions, and customs.

Immerse yourself in the local lifestyle, engage in conversations, and deepen your understanding of Peruvian culture.

Day 16

Monday

Morning: Start the day with a delicious breakfast, followed by your return to the kindergarten/daycare, where you will continue to support the children with their educational activities.

Afternoon: After lunch with a host family, participate in fun Spanish lessons.

Evening: Grab your aprons and get ready to learn to cook various Peruvian dishes.

Day 17

Tuesday

Morning: Begin the day with a nutritious breakfast, followed by actively participating in interactive activities with the school children as you support their developmental goals.

Afternoon: After a satisfying lunch, engage in a creative workshop where you will prepare the materials to make pillows for the kids at the daycare centre.

Evening: Dinner will be served in the evening.

Day 18

Wednesday

Morning: Enjoy breakfast before heading to the daycare, where you will teach the children through songs, stories and nursery rhymes.

Afternoon: After a delightful lunch, it is time for another English workshop where you help the teachers to improve their pronunciations and their English vocabulary.

Evening: Enjoy a well-prepared dinner at the accommodation.

Day 19

Thursday

Morning: Start the day with a hearty breakfast, followed by educational activities with the children

Afternoon: After lunch with a host family, spend some time preparing more materials and making pillows for the children. Anticipate a great movie night for relaxation and socialising with fellow volunteers.

Evening: Dinner will be served at home in the evening.

Day 20

Friday

Morning: Indulge in a delicious breakfast before continuing to nurture the children’s curiosity through games and hands-on activities at the daycare.

Afternoon: After lunch at the accommodation, take a small trek to Cristo Blanco while enjoying sweet treats and fostering connections with the local community.

Evening: Enjoy dinner at the host family.

Day 21

Saturday

Full Day:

Embark on a captivating city tour in the morning, exploring the historical and cultural highlights of Cusco. Spend the afternoon indulging in pizza and hanging out with fellow volunteers, fostering camaraderie and creating lasting memories.

Day 22

Sunday

Full Day:

Get an early start as you embark on a trek to the Rainbow Mountain. Enjoy breakfast, then hike 1 hour and 30 minutes up to Vinicunca to get a beautiful view of the snowy Ausangate. Once there you will get to explore at an altitude of more than 16,400 ft.

After lunch and lots of photos, you will return to Cusco. Spend the evening with your host family, enjoying their company and immersing yourself in the local lifestyle.

Day 23

Monday

Morning: Start the day with a hearty breakfast, then resume your activities at the daycare centre as you support and engage with the kids.

Afternoon: Enjoy lunch at the accommodation and then embark on a trek to the Templo de La Luna, beholding exciting sights as you walk.

Evening: Enjoy a delightful dinner at home in the evening



Day 24

Tuesday

Morning: Start the day with a hearty breakfast, followed by continued observation and learning at health centres, where you can witness medical practices in action.

Afternoon: After lunch at the accommodation, spend some time baking cookies or preparing candy kits for the kids.

Evening: Enjoy a delightful dinner at home in the evening.

Day 25

Wednesday

Morning: Enjoy breakfast before participating in highly interactive and stimulative activities with the children at the daycare.

Afternoon:
After a satisfying lunch, engage in a final English workshop focused on helping the teachers to teach English as a Second Language. (ESL)

Evening:
Dinner will be served at home in the evening.

Day 26

Thursday

Morning: Start the day with a nutritious breakfast, then spend the morning mobilising and interacting with the children at the daycare.

Afternoon: After lunch, head to the office where you will prepare surprise boxes for the kids and finalise the plans for the farewell party.

Evening: Enjoy a dinner at home in the evening.

Day 27

Friday

Morning: After breakfast, head to the daycare centre where you will host a farewell party for the kids and share the surprises with them.

Afternoon: After having lunch with a host family, there will be an office session for online check-in and debriefing questionnaires. You will also have free time to explore the handicraft market and purchase souvenirs.

Evening: Gather for a farewell dinner, celebrating the meaningful experiences and connections

Day 28

Saturday

The group members will likely be departing at different times; therefore, days 27 and 28 may not be the same for everyone.

Your exact departure plan will be communicated with you directly by our local team. If you have longer to wait around, we will ensure you are comfortable and well looked after.





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Social Media

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Personal Achievements



- Completed a total of 60 service hours.
- Supported teachers with learning ESL.
- Taught important lessons to over 50 children.
- Improved your mastery of the Spanish language.



Student Learning Outcomes

Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

Leadership Development

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Empowerment

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Global Citizenship

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