

PROJECTS ABROAD.

Community Development for Teenagers in

Vietnam

Community work, personal
development, and cultural
immersion

4 QUALITY
EDUCATION



6 CLEAN WATER
AND SANITATION



10 REDUCED
INEQUALITIES



12 RESPONSIBLE
CONSUMPTION
AND PRODUCTION



Certified



Corporation

SUSTAINABLE
DEVELOPMENT
GOALS



Trip highlights:

- ➔ Join a wide range of locally-led community projects designed to tackle real issues, including river cleaning, tree planting, recycling workshops, and more.
- ➔ Enjoy a unique experience where you'll do something different every day, designed to develop your skills and give you the edge in future university and job applications.
- ➔ Fully immerse in Vietnamese culture through food, activities, and traditions, with a tranquil weekend excursion to the incredible Ha Long Bay.
- ➔ Develop your confidence, independence, and global perception as you are introduced to new traditions and lifestyles.

 **LENGTH**
14 Days

 **SUPERVISION**
24/7

 **TRANSPORT**
Boat, Bus

 **ACCOMMODATION**
Hotel

 **SERVICE**
30 hours



Days 1 - 2

Arrival

Land in the sprawling capital city of Hanoi, home to more than eight million people. Our staff will meet you and pick you up from the airport, helping you settle into your accommodation and showing you around your new surroundings.

They'll then provide a comprehensive induction session to help you feel at home. This will cover the key information about your journey with an introduction to the culture, and they'll also help you exchange your spending money.

Plus, you'll get a walking city tour, taking you to the stunning sights of Hoan Kiem Lake, French Quarter, and Old Quarter. See temples, markets, and more up close in this beautiful city.

Lastly, enjoy a delicious dinner using local ingredients and flavours to set you up for success throughout the week. Test your knowledge of Vietnam with a quiz night alongside your fellow participants.

Day 3

History & culture

Dive into the history of Vietnam with a visit to the Imperial Citadel of Thang Long, the Hanoi Flag Tower, and the Hanoi Military History Museum. You'll learn about the long and complicated history of Vietnam's military and the unification of the country.

In the afternoon, enjoy a basic Vietnamese language lesson and a workshop on local environmental challenges, helping you prepare for your upcoming volunteer work.



Days 4 - 6

Environmental work

Connect with a local charity and join a recycling workshop, preparing and training for your work the following morning. There, you will help to clean the lake with local volunteers before planting trees at a nearby school.

You'll also help recycle soap from hotels and make products from recycled materials to keep as souvenirs. In the evenings, attend a show at the Water Puppet Theatre and explore the Old Quarter markets.



Days 7 - 8

Ha Long Bay excursion

Take a three-hour drive to the magnificent Ha Long Bay and enjoy a two-day luxury cruise through the stunning scenery. Gaze up at vast karst limestone towers topped with mini rainforests, a natural wonder that has to be seen to be believed.

Explore winding cave systems filled with unique geological structures and history. Jump in a kayak and get up close to these incredible structures yourself!

In the evening, engage with a traditional cooking class before joining your friends with karaoke, squid fishing, or simply enjoying the view and relaxing on the boat.

The next morning, wake up with a Tai Chi session at sunrise, visit Hon Ti Top island for panoramic views of the bay, and travel back to Hanoi in the afternoon to rest and relax for week two of work.



Days 9 - 13

Mai Chau

Board the bus for a three-hour trip to Mai Chau, a rural valley famous for its terraced rice fields. Start your second week in style with a scenic cycle around the area, followed by a guided village walk with a personal introduction to the local Thai ethnic groups.

Then, get involved with a range of community initiatives in the local area. Support farmers with their gardening, run an environmental workshop for children, and deliver a business workshop for entrepreneurial community members.

Spend several afternoons supporting the English language education of local children through lessons and games. Also, get involved with engaging cultural activities like traditional bamboo crafts and weaving.

Travel back to Hanoi with a final wander through the Old Quarter for a chance to buy last-minute souvenirs for you and your friends back home. On your final night, have a bittersweet celebratory dinner with your newfound friends.

Day 14

Departure

Reflect on the once-in-a-lifetime journey you've undertaken as you head back to the airport. Don't forget to share your contact details with your new friends to forever remember your time in Vietnam!

Think about your new found confidence, skills, and memories during your journey — these will stay with you for the rest of your life.

Destination

Vietnam is a land of stunning natural beauty and a powerful history, often symbolised by the dragon. Much like their homeland, shaped by water and mountains, the Kinh people are adaptable and immovable, making up about 85% of the population.

Vietnam has resisted foreign domination for millennia, from a thousand years of Chinese rule to the conflicts of the 20th century, including the Vietnam war.

Today, this tenacious spirit drives one of Asia's fastest-growing economies, rapidly turning the nation into a global manufacturing hub.



LANGUAGE

Vietnamese

CURRENCY

Vietnamese Dong

NATIONAL DISH

Pho

POPULATION

101 million

TIMEZONE

GMT +7

NATIONAL ANIMAL

Water Buffalo

CAPITAL

Hanoi

COUNTRY CODE

VN

NATIONAL BIRD

Chim Lac (mythical)

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Adventure with Purpose.



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