

PROJECTS ABROAD.

Culture & Adventure for Teenagers in

Japan

Cultural immersion, historic discovery, and exciting adventure

Certified



SUSTAINABLE
DEVELOPMENT
GOALS



Trip highlights:

- Fully immerse in the unique culture of Japan, joining cultural workshops, engaging in traditional activities, and visiting historical sites.
- Explore three incredible cities across this nation, finding out how modernity and tradition coexist perfectly in a range of cultural contexts.
- Enjoy unforgettable experiences like travelling at 200mph on bullet trains, hiking through 10,000 torii gates, feeding bowing deer, and seeing Mount Fuji.
- Develop your confidence, independence, and global perspective as you are introduced to new traditions and lifestyles with other teens from around the world.

 **LENGTH**
14 Days

 **SUPERVISION**
24/7

 **TRANSPORT**
Bus, Train

 **ACCOMMODATION**
Hotel

 **SERVICE**
15 hours

Overview

The following is included in the cost of your trip (subject to change).



Culture & Learning

- Osaka Castle & Museum
- Chopstick making workshop
- Katsuo Temple
- Naramachi
- Todai-ji Temple
- Two-hour Kendo class
- Solid ink making activity
- Nara Park with deer feeding
- Namba Yaska Shrine
- Yasaka Shrine
- Fushimi Inari Shrine and hike
- Kyoto Manga museum
- Kiyomizudera Temple
- Chureito Pagoda visit
- Tea Ceremony
- Japanese language classes
- Private calligraphy experience
- Teamlab Planets
- Gundam Statue & Odaiba District
- Philosopher's Path walk
- Ginkakuji Temple
- Yoyogi Park

Fun & Adventure

- Mt. Fuji panoramic railway
- Oishi Park
- Skytree Tower
- Arashiyama Bamboo Forest
- Evening walk in Geisha District
- Arcade night
- Roppongi Hills observation deck
- Visit Harajuku, Omotesando & Shibuya
- Shopping in Ninenzaka & Sannenzaka
- Nishiki Market
- Karaoke night
- Umeda Sky Building
- Food in Dotombori
- Visit to Asakusa & Akihabara

Logistics

- Airport transfers in Japan
- Orientation and tour of cities
- Travel in country
- Pre-departure support
- 24/7 support from local staff
- Emergency assistance

Food/Accommodation

- Three meals/day (all diets catered for)
- Drinking water
- Hotels

Service work

- Hozugawa river cleaning
- Cat and dog animal refuge



Days 1 - 2

Arrival

Touch down in the sprawling metropolis of the world's largest megacity, Tokyo. Our staff will meet you at the airport, take you to your accommodation, and help you settle in.

Then, they'll prepare a cultural induction to teach you about the cultural norms and customs of Japan before a quick tour of the local area. Your first day will come to a close at the Roppongi Hills Observation Deck, gazing across the stunning skyline.

Day two begins with a scenic walk through Yoyogi Park to Meiji Jingu Shrine, followed by a shopping excursion and exploration of the Harajuku, Omotesando, and Shibuya districts. Don't forget to take lots of pictures of the famous Shibuya Scramble crossing.

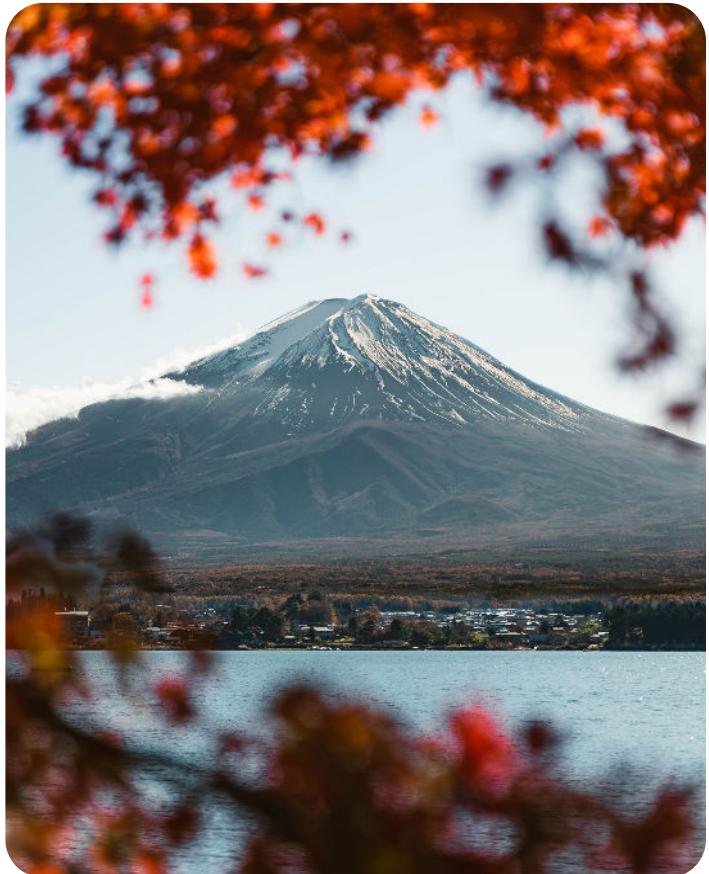
Round out your introduction with a Japanese language class to teach you all the basics you'll need for your exciting journey, with time to rest and relax with your new friends at your hotel.

Days 3 - 4

Mount Fuji excursion

On day three, set off on a day trip to the area of lake Kawaguchi for beautiful views of the sacred Mount Fuji. Ride the panoramic ropeway, stroll through Oishi Park, and see the famous Chureito Pagoda.

Explore more of the city on day four, ascending the Tokyo Skytree for incredible views of the city, visiting the modern digital art museum teamLab Planets, and enjoying a private calligraphy experience.



Day 5

Kyoto: the ancient capital

Board the bullet train bound for Kyoto, travelling at speeds of up to 200mph (320km/h) through the beautiful countryside, before settling in and enjoying a small city tour of the local area on arrival.

Then, see the picturesque Silver Pavilion and walk the tranquil Philosopher's Path for a true introduction to this historic part of Japan. Conclude the day with a traditional tea ceremony while dressed in full kimono.



Days 6 - 9

Kyoto exploration

Over the next few days, you'll spend your mornings working within the community. The exact work you do will depend on their needs at the time, but could include working at an animal refuge centre, cleaning local waterways, teaching English conversation classes, or anything else.

You'll live, commute, and work like a local, while spending your afternoons soaking up the colourful culture. This includes a visit to the social media sensation of Arashiyama bamboo forest, followed by a trip to the nearby monkey park.

Experience a stunning hike through 10,000 torii gates at Fushimi Inari Shrine, wander the historic streets of Gion district, and visit just some of the thousands of shrines and temples dotted around the city.

Plus, you'll have plenty of time to visit the local shopping streets, markets, and arcades to buy souvenirs, try tempting *okashi* (snacks), and rest and relax with your friends.



Days 10 - 13

Osaka: foodie paradise

Time for a short trip south to the “food capital” of Japan, Osaka. Lose yourself in the neon lights as you settle into your new hotel and enjoy a short city tour, with a quick trip to the Pokemon Centre at Osaka station.

While there, visit Katsuo Temple, Dotonbori, and Osaka Castle, each reflecting vastly different aspects of Japanese culture. Also, attend a Kendo class and learn about one of the country’s most popular martial arts.

You’ll also head to the nearby city of Nara and its famous park, where you can feed the local deer who will bow for a snack! Also visit the well-preserved Naramachi district, Todai-ji temple, and enjoy a solid ink making activity.

On your penultimate day, travel back to Tokyo by train and grab your last chance to pick up cultural souvenirs from Asakusa and to dive into all things anime and otaku in Akihabara. Round out your adventure with a chopsticks making workshop that you can take home with you to remember your trip!

Day 14

Departure

Reflect on the once-in-a-lifetime journey you've undertaken as you head back to the airport. Don't forget to share your contact details with your new friends to forever remember your time in Japan!

As you pack your bags, think about your newfound confidence, skills, and memories from your journey — you'll be taking these home too.



Destination

Japan is a beautiful island nation with a long and powerful history, known as the “Land of the Rising Sun” due to its location in the far East. The native Yamato Japanese ethnic group make up about 97% of Japan's modern population.

Its long history means strong ties to tradition, with this reflected in every facet of modern society. For example, the indigenous Shinto religion is still widely practiced in tandem with Buddhism.

Japan is a modern nation and a major player on the world stage, with an economy based on technology, robotics, and manufacturing.

LANGUAGE

Japanese

CURRENCY

Japanese Yen

NATIONAL DISH

Ramen

POPULATION

124 million

TIMEZONE

GMT +9

NATIONAL ANIMAL

Koi Carp

CAPITAL

Tokyo

COUNTRY CODE

JP

NATIONAL BIRD

Green Pheasant

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Adventure with Purpose.



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Corporation